

KAMLOOPS OUTDOOR CLUB

GUIDELINES FOR ALL PARTICIPANTS OF CLUB ACTIVITIES

Activity Ratings: Club outings are rated according to the Activity Rating Scale, which can be found on the KOC website. (kamloopsoutdoorclub.ca)

Carpooling: On all outings where carpooling is arranged, passengers are expected to reimburse the driver according to the Guidelines for Carpooling available on the Kamloops Outdoor Club website.

Participation and Group Size: For all outings, leaders determine the number of participants they feel comfortable leading and the number that is appropriate for the circumstances of the outing. If you call late or are not a member, please understand that you may not be able to participate in a particular outing.

Contacting the Leader: You must contact the leader directly before participating in any scheduled trip. It is not sufficient to contact another hiker or skier to find out the assembly location and departure time.

Departure Time: The Club plans to leave the assembly location on time. Please arrive at least 5 minutes before the designated departure time.

Pets: The Club does not permit pets on outings or trips.

Staying With the Group: For everyone's safety, participants are expected to remain behind the leader and ahead of the trailender/sweeper at all times. Any variation from this rule must be discussed with and approved by the leader.

Bathroom Breaks: If you need to stop for a bathroom break, leave your pack beside the trail so the trailender/sweeper knows that you are temporarily off the trail.

Splinter Groups: Splinter groups are permitted only with prior discussion and agreement of the leader. The leader will determine the appropriate size of a splinter group based on factors such as terrain, weather conditions, route-finding skills, and the experience of the participants.

Low-Impact Hiking: The Club practices low-impact hiking. Participants are expected to respect the environment and pack out all garbage, including toilet paper and other personal waste.

Constitution and Bylaws: The Club's Constitution and Bylaws are available on the Club website for members and participants to review.

THESE GUIDELINES ARE PROVIDED FOR YOUR PROTECTION AND SAFETY AND TO HELP ENSURE THAT YOUR OUTDOOR EXPERIENCE IS ENJOYABLE, SAFE, AND POSITIVE.

Revised: August 2026